



Women and Gender  
Equality Canada

Femmes et Égalité  
des genres Canada



## INTERNATIONAL WOMEN'S DAY



March 8



**International Women's Day** is a global day to recognize the social, economic, cultural, and political achievements of women and girls, and to reflect on the work needed to achieve gender equality.

The first International Women's Day was marked on March 8, 1911, when over a million people across Europe came together to support women's rights, including the right to work, vote, hold public office and live free of discrimination.

In Canada, it's a time to celebrate progress on women's rights and to recognize the ongoing work underway to support women and girls' fully participation in all areas of society.

**International Women's Day reminds us that meaningful change takes time, commitment, and action. Everyone has a role to play.**

### Ways to get involved

- ✂ **Learn about** inspiring Canadian women and the history of gender equality in Canada.
- 🐦 **Share stories** of women making a difference in your community, school, or workplace.
- 🌸 **Take action** to support gender equality in your everyday life (support women-led initiatives, challenge stereotypes, promote fairness and understanding).

### Did you know? 🌸🌻🌼

Over 50 years ago, Canadian women and civil society groups called for action to advance gender equality, which led to the creation of Status of Women Canada in 1976, now the Department for Women and Gender Equality. This 50-year milestone marks progress and highlights the ongoing work to build a future where everyone can reach their full potential.



Scan this QR code  
for information and resources.

Canada 